

# LENA CASTRUP

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SEDCARD

Age range	22 – 28
Place of birth	Haltern (today Haltern am See)
Natonality	german
Hight	162 cm
Hair color	blond
Eye color	blue green
Figure	slight
Dress size	S/ 36 (EU)
1st Seat of residence	Berlin
To be booked from	Tel Aviv, Berlin, Hamburg, Cologne, Frankfurt, Stuttgart, Munich
Awards	“Upcoming Young Actors” 2016, Cameri Theater Tel Aviv
Website	<a href="http://www.lenacastrup.de">www.lenacastrup.de</a>
E-mail	<a href="mailto:schauspiel@lenacastrup.de">schauspiel@lenacastrup.de</a>
Agency	ZAV Berlin Bühne   Perry Kafri Actors Agency LTD (Israel)



Education	Oct 19 – Jun 20	„Giving Voice“ Vocal Training for the professional voice (Linklater Method), speaking and singing, with Susanne Eggert
	2019	Winter Academy Meisner Technique, André Bolouri Studio Berlin
	2018	Private Training “perceiving acting” with Bernita Rinne
	2017	Camera Acting & Marketing, Coaching Company Berlin
	2015-16	Vocal Training with Doki Atzmon & Naama Levy
	2015	Acting & Directing, Udi Ben Moshe
	<b>2012-15</b>	<b>Acting Studies, School For Theater Arts Kibbutzim College Tel Aviv</b>
	2008-12	BA Social & Cultural Anthropology, Freie Universität Berlin

## SKILLS

Languages	German (native) Hebrew (native level) English (advanced)	Sports	movement culture (trained) acrobatics (trained) yoga (trained) horse riding (basics) unicycle (basics)
Instruments	flute (7 y., update required) piano (3 y., update required)	Dance	Contact Improvisation (trained) Jazz & Modern/ Contemp. (trained) Latin & Ballroom (update required)
Vocals	Soul, Blues, Singer-Songwriter, Rock-Pop (trained)	Other	Mime (basics) 10-Finger-Typing
Voice pitch	soprano		
Licence	EU: B (including M, L, T/S)		

I am most willing to arrive at castings as an acting partner for my colleagues.



#### FILM/ TV

2019	HOPSCOTCH. D: Reuben Smart. Kino Loop 4th International Kabaret. LR
2019	20 SUM THING. D: Hannah Stockmann. Youtube. LR
2019	FOREST SOUL. D: Charlotte Paulsen. MOTION PICTURES Darmstadt. SR
2018	Tennis CORTONA OTTO-living. D: Joschka Laukeninks. German TV & Internet. LR
2018	CALL FOR NATURE. D: Katharina Jung. Metropolis Cinema Hamburg. LR
2017	END OF THE ORANGE SEASON. D: Alon Levy. Cinematheque Tel Aviv. LR
2017	RED. D: Inbal Rokah. Cinematheque Tel Aviv. LR
2017	KALI. D: Shimrit Malul. Cinematheque Tel Aviv. LR
2016	FULL MOON. D: Yoav & Doron Paz. HOT TV Israel. SR
2016	RUTH. D: Jehonatan Haver. LR
2016	YOLA; D: Hila Suchoy. LR
2014	ME'UHAR BALEYLA/ LATE AT NIGHT. D: Eyal Sibi. LR. Cinematheque Tel Aviv

#### STAGE

2019	CHALLENGE MY FANTASY – MORE. A DIGITAL LABORATORY FESTIVAL. Theater a. d. Parkaue Berlin
2016-17	The Secretary in MEPHISTO. D: Omri Nitzan. Cameri-Theater Tel Aviv
2015-17	Johanna in AL HA'ESH/ ON THE FIRE. D: Dror Keren. Cameri-Theater Tel Aviv
2015-17	Hamlet's Voice in HAMLET. D: Maor Zaguri. Habima National Theater Tel Aviv
2015	Mary in AHAVATI HA'RISHONA/ MY FIRST LOVE. D: Galia Fradkin. Habima NT Tel Aviv
2015	German-Hebrew Theater Improvisation. 50th anniversary of diplomatic relations between Israel and Germany. Goethe-Institut Tel Aviv